

## FOZA Volunteer – Kayla Cason Online Communication Amplifier



Quote: "I'm striving to make a career out of improving the mental wellbeing of marginalized communities!"

- Kayla Cason

Kayla Cason is a recent graduate of Howard University in Washington, D.C. with a Bachelors of Science in Biology, minors Chemistry and Psychology, Magna Cum Laude. She is currently working as a post-baccalaureate fellow in the Intramural Research Training Assistant Program of the National Institute of Mental Health.

Connecting with people interpersonally, and building communities through resource sharing and event organizing. She is also very passionate about improving the quality of and access to effective, affordable mental health to communities of color.

She has extensive community leadership experience through several positions held throughout her academic career such as Co-President of Chango: The Afro-Latine Student Association and Spanish Speaking Society at Howard University. She also has experience volunteering for other health-related non-profit organizations such as collecting and transporting biospecimen samples for The Susan G. Komen Foundation and Be the Match.

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